Rising Voices Wessex

Community Choirs for people whose lives have been affected by cancer

"Singing is fun, singing is good for you...
It helps breathing, it combats fatigue
and it restores confidence.
You don’t need complicated or expensive equipment
and you don’t need to be able to read music or sing well.

You can help yourself and others.
You can sing - everybody can!"

All welcome - come as often as you are able
There is a suggested donation for each session to include refreshments.

Every Monday 6.45pm – 9.00pm
At Tesco Community Room
Tesco Extra, Riverside Ave
Bournemouth BH7 7DY

Every Tuesday 6.15pm – 8.30pm
At St John’s Church
Ashley Road
Poole BH14 0AA  Opp. Waitrose

For further details contact:
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